

CARMEL RAYS

Education is the most powerful
weapon which you can use to change the world.

A School is a temple of knowledge where
where education is worshiped and students are the
disciples of the ultimate truth.



News Bulletin-2022
Vol-12

FROM THE PRINCIPAL'S DESK

We live today in a world that is so different from the one we grew up in and we were educated in. Now we face a fast changing and fast progressive world. Today's challenges are bigger than yesteryears. We are witnessing unparalleled changes in every field, where there is struggles of existence and the fittest is accepted and appreciated.

Education is not the filling of a pail, but the lighting of a fire. Carmel Covent School upholds its motto 'Light and love' and works at implementing a well-balanced curriculum to ensure that the children of our school will not just love their school years but truly prepared to face life's challenges. We strive to endow the student with a platform, helping them to broaden their horizon and in the process provide them healthy refined, holistic and substantial education. We inspire them to find their hidden treasures and help them integrated with the values, as we firmly believe that every child has the potential to



achieve something significant. This is visible through the prestigious accolades received in terms of academic and extracurricular activities across the years. I do appreciate the staff, students and parents for their ceaseless assistance and support.

I am very glad to bring forth the 12th volume of 'Carmel Rays', which showcase the school activities and talents of our students. Warmest congratulation for the members of Editorial board, who strive hard to bring out this edition in its best way. I am sure that with the co-operation of all and with the blessings of the Almighty, our school will continue to grow in all ways in the years to come.

EDITORIAL BOARD



Mrs. Monika Yadav

Mrs. Mary Valantina S

Mrs. Sible John



Mrs. Sowmya Antony

Mrs. Cheryl Smith

Mrs. Iniya Saribath.B

BACK TO SCHOOL

“Success is the result of Perfection, Hardwork, Learning from failure, Loyalty and Persistence.”



The eventful year began on June 1st, 2021 with second phase of Online Education. All set for a new beginning with a new learning platform, new books, new classes for the academic year 2021-22.

A blissful beginning is always a gift of God, invoked through prayer service by Sr. Savitha and the Orientation Programme activities began with the blessing by the Director Sr Lisieu Rose along with Sr.Catherine the Principal, teachers, and the student representatives.

News Bulletin 2021 Vol –11 "CARMEL RAYS" was released. "Carmel Rays" informs future students about the important highlights and events of young Carmelites' creative talents through hurdles of the pandemic along with academics.

Mr Prince V Thomas (Guest) the Principal of Dashpur Vidyalaya, Mandsaur graced the occasion sharing insights with the audience on how to overcome the pandemic situation and focus on studies through online learning.

Sr.Catherine the Principal, addressed by appreciating all the efforts and dedication in bringing out memorable previous year 2020-21 amidst the constraints of the COVID-19. Sister shared the new learning status, newer responsibilities, and a few instructions were given for academic year 2021-22.

- * Moral Values
- * Online Attendance
- * Learning Platform: Microsoft teams and Grapp
- * Active participation in the extra curricular activities along with academics
- * Assignments to be submitted on time.
- * To follow the online classroom rules.

(Students of primary sections conveyed the message of DO and DON'T of Online classroom rules.)



ENVIRONMENT DAY CELEBRATION

*“LET’S NURTURE THE NATURE SO THAT
WE CAN HAVE A BETTER FUTURE.”*

Environment day was celebrated on 5th June 2021 to create awareness among the students about our nature. On this day, Sr.Catherine the Principal, sisters and staff members of Carmel planted the trees on the school campus to know the importance of environmental protection, as it is our moral duty to conserve and preserve our Earth.



INVESTITURE CEREMONY

“A leader is one who knows the way, goes the way, and shows the way.” -John C Maxwell

The official ceremony of conferring titles and investing powers to the members of the school was organized at the Investiture Ceremony in MS Teams on 14th July 2021. Ceremony was enlightened by scripture reading. The Chief Guest of the day was Rev Fr. Thomas Koodathanam OCD, an excellent preacher, a vibrant personality who has rendered his services in Youth Media Ministry, Jesus Youth Vocation, promoter of Syro Malabar OCD, Trivandrum Province. Father enlightened the young minds about the good qualities of great leaders and inspired the leaders of school, making them aware of their duties and responsibilities. The leaders took the Oath to bestow their duties to the best of their abilities in the presence of Mother Lisieu Rose -the manager of our School, Sr.Catherine the Principal of ICSE graced the occasion.

Congratulations

HEAD BOY



SUMAN S

Asst.HEAD BOY



ALEN BIJO

HEAD GIRL



ALINA ELIZABETH REJI

Asst.HEAD GIRL



SANDHYA SHASHIKUMAR



LITERARY CLUB

“Literature speaks the language of the imagination.”



The functioning of the literary club is an asset to the school as it is the study of language and literature. The literary club week of Carmel Convent School functions with the overt aim of developing the imaginative faculties of students by encouraging them to give free expression to their ideas through various literary forms. During the literary week, through various activities, the students explored their talent in language building, communication skills, reading habits, creative writing, and so on.



YOGA DAY

“Yoga: the best way to health and fitness!”

International Yoga Day was organised by the school on 21st June through online. The session informed the students that Yoga was not just about physical exercises or postures but also rejuvenation of the body and peace of mind. A group of students formed different yoga postures and exercises virtually. On this day, students were able to understand the importance of Yoga, especially during the pandemic. This inspiring session helped them build strong physical, mental and spiritual health. Yoga is the best way to adopt as a lifestyle habit.





SCIENCE CLUB



On 9th August 2021, the inauguration ceremony was conducted online. The week programmes lined up with spectacular events that include diverse categories related to nature like dance, song, speech, facts about pollution and interesting activities. The event was inaugurated by Sr Catherine the principal, and Sr.Savitha the Vice principal, by unfolding the logo. Each day was scheduled for a subject, like Chemistry on 10th August, Physics on 11th August, Biology on 12th August and Mathematics on 13th August. The main programs were included in that week, like experiments related to the topic and subject, information about the scientists, their discoveries, facts and so on. On the last day of the week, club members presented the working models and displayed the creations based on the theme 3R's. Science, Eco, Math Club week was made a memorable week for the students. The programme was concluded by a vote of thanks.



SOCIAL CLUB



Technology was used in the most appropriate way and this year social week was inaugurated by the Principal Rev Sr.Catherine by launching logo. Students actively participated in a variety of activities online like awareness programmes, drama, song, dance, speech based on each day's concept. Children dressed in costumes according to the characters of great personality. Different events held in which students were given a chance to exhibit their talent. Each day programme was based on the following:

- Day 1: Topic: Road Safety
- Day 2: Topic: Service Mindedness
- Day 3: Topic: Patriotism
- Day 4: Topic: Global Warming, Plastic free day and Climate change

Social Club Week ended with high note from our Principal Sr Catherine thanking the teachers and students for their active participation and also conveyed a meaningful message to the others.





CARMEL DAY



HAPPY INDEPENDENCE DAY

Carmel Convent School ICSE celebrated virtual Independence Day on 15th August, 2021 in Microsoft Teams at 8:45 am. Rev Fr. Peter Thachethu OCD, the assistant vicar of Mount Carmel Church, Carmelaram was the Guest of the day. The national flag was hoisted by the guest and the Principal Sr Catherine, at the school premises, which was followed by an eloquent speech about our nation. The spirit of freedom and nationalism was exhibited by the students through a spectrum of patriotic songs, dance performance, poem recitation, skits, and speeches in English, Hindi and Kannada. Independence Day was celebrated with great patriotic fervour.



HAPPY TEACHER'S DAY

Teacher's Day is celebrated in India every year on 5th September to appreciate the role played by teachers in the life of students – the leaders of tomorrow. The day is also celebrated to pay tribute to Dr Sarvepalli Radhakrishnan, former President of the country and a visionary educator.

Amidst the pandemic, **Carmel Convent School** celebrated this day with great zeal, through Microsoft Teams platform on 5th September 2021 at 8:30 a.m. The whole event was meticulously planned by the students of Class X with the support of their class teachers and the Principal.

The programme commenced with morning Assembly followed by the celebration. The cultural programme unfolded with a series of programmes such as dance, comic act on 'The difference between Online and Offline classes', song themed 'This long who inspired us' and speeches on 'The Importance of teachers' and the significance of the Day'.

The Principal, Sr Catherine in her address to teachers, motivated them to be energetic and must embody integrity and radiate joy to students as the teachers are not just dealing with machines. She also inspired with the words of wisdom the inherent qualities of teachers as they are the personification of care and kindness. The principal also recognized and appreciated the efforts put in by the teachers especially during the shift from blackboard to screens of laptops and smart phones. Nonetheless she exhorted the teachers to gear up to face the changing demands of the present situation and prepare children to face as well.

The entire programme was applauded and enjoyed by every teacher present online and will always remain a beautiful memory in the hearts of all.





KANNADA RAJYOTSAVA

ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವ

Kannada Rajyotsava is celebrated every year on the 1st of November in Karnataka. Our school celebrated the 66th Kannada Rajyotsava day virtually. We, the staff and the students prayed for our Karnataka state and depicted its glory through various cultural programmes. It was heart warming to see the enthusiasm of the students participating in these colourful events to show respect and honour to the glory of this state.





Every child is special & unique in every special way and so the children of CCS. During this unprecedented time, we welcomed the budding stars of Carmel Garden to celebrate their day virtually. It is their energy & enthusiasm that did not dampen the spirit of teachers to celebrate the day. On the 14th of November, 2021, Children's Day celebration was held on a virtual platform. The day commemorated with immense joy, enthusiasm and magnificence. The celebration began with the morning prayer, followed by fun filled cultural events which were hosted by the teachers. They sang, danced and entertained the children to make the day a memorable one. Rev.Mother Lisieu Rose, the Manager of the school and Sr. Catherine the principal addressed the children & encouraged them to dream big to reach the pinnacle of success.

The students appreciated the scintillating performances by the teachers. Soon after watching the video, the students' messages poured in thanking the teachers profusely for making Children's Day 2021 so special. The heartfelt appreciation, likes and comments by the students are a testimony to grand success of the digital celebration of children's day 2021.

MERRY CHRISTMAS

"Christmas is the day that holds all time together." -Alexander Smith

We all love Christmas and to make this Christmas season a memorable one, Carmel Convent School celebrated through a virtual platform. Christmas is a festival of hope, faith, peace, love, joy, sharing and giving. It is a beautiful time of the year when we remember the birth of Jesus in Bethlehem.

On this occasion, teachers and students organized various programmes. Blooming buds of Carmel put a wonderful performance like dance, carol songs, skits and speeches about the festival. The highlight of the celebration was the arrival of Santa, which filled the hearts of children with cheer and joy. The Principal, Sr Catherine, addressed the students and motivated them with her words of wisdom. She wished everyone Merry Christmas and Happy New Year full of good health, love and joy.





Happy Republic Day



May the brave leaders of our glorious nation guide us to peace and prosperity so that we can hold our heads high and be proud of our country. We salute the work they have done for this country on this day. The 73rd Republic Day was celebrated on 26th January, 2022 in the school premises with great patriotic fervour. The Chief Guest for the day was Sri Somashekhar Reddy, the present Chairman of Decentralized Triage and Emergency Response Committee for COVID – 19, Management of Kodathi and Halanayakanahalli Ward, Bengaluru who was warmly welcomed by the school Principal Rev. Sister Catherine.



The honourable Chief Guest unfurled the Tri-Colour followed by singing of the National Anthem. The students presented Cultural Programmes which included patriotic songs, dance performances and the speeches. The Chief Guest Sri Somashekhar Reddy in his speech recalled the making of the Constitution of India and addressed the students to emulate the footsteps of those great leaders. The students depicted the theme, 'Unity in Diversity' as they flaunted the traditional dress styles of different states of the country. Songs rendered by the students sparked the patriotic spirit. The dance performances enthralled the audience. The cultural events highlighted the patriotic enthusiasm. The Pre-Primary students were dressed representing the National Leaders of India with a promise to be the future leaders in making. The entire Republic Day celebration was interlaced with speeches in English, Kannada and Hindi by the students and ended with a Vote of Thanks. 'Freedom in mind, strength in words, purity in our blood, pride in our souls, zeal in our hearts'. Let's salute our great country on this National Festival.



Online Competition

“Hard Work Beats Talent When Talent Doesn’t Work Hard”

- Competitions give the younger generation a boost and raise their confidence while progressively developing positive attitudes. Competitions are conducted not only for winners, but also to develop the students' interest in the activities of the academics. Participation is important. Failure is not the opposite of success. It is a part of success. To showcase the talent of the children, various competitions were conducted from Nursery to Class X on 19th June. The competitions were scheduled as follows:

Preprimary – Colouring

Std I to IV – Drawing

Std V to VII – Poster making

Std VIII to X – Mobile Photography

- **FANCY DRESSS COMPETITION (NURSERY TO UKG):-** The contest was open to all from Nursery, LKG and UKG. Students participated with different styles, ideas and thoughts
- **GARDENING COMPETITION (STD I TO VII):-** The contest was open to all students from Std I to VII. Rules of competition were to grow any vegetables or flower seeds in garden pots, bags or sacks.
- **ENGLISH DECLAMATION COMPETITION (STD VIII TO X):-** The competition was conducted at a Google meet on 10th July. The contest was open to all students from std VIII to X.
- **ACTION SONG COMPETITION:-** The contest was open to all students from Nursery to UKG. The rules of the competition were the participants should sing a song with action.
- **SOLO SONG COMPETITION:-** The contest was open to class V to VII. Rules of completion were a contestant can sing any patriotic / folk song with duration of 3-5 minutes. Film songs were not allowed.
- **ELOCUTION COMPETITION:-** Topic: Importance of secularism in Indian constitution. The rules of the contest that used language for Elocution was English. Time allotted for each candidate was 5 minutes. The competition was conducted in “Google meet”.
- **HAND WRITING COMPETITION:-** The contest was open to all students from Nursery to Class X in November.



Online Parenting Workshop

A virtual parenting workshop was conducted for the parents of Nursery to Class VIII.

TOPIC: "Parenting and child in depth bonding for a better future."

Resource person: Mrs Shubha Binish, Certified counsellor and NLP trainer.

The main objective of the workshop was to guide the parents to create a strong and clear parent-child bonding for a better future. Growth and development of a child was explained in psychological terms. As a good parent, there is a need to develop a child's soft skills like confidence, capability, self-motivation and make them physically and mentally strong.

In the session, different parenting tactics were exhibited with the help of pictures, videos and through explanation. The agenda discussed was, parents should have positive discipline as parenting is a life-long journey. They should find the time and spend it with their children, understand their problems, suggest solutions and guide them on the right path. A child's first school is a home where parents need to support and bring them up in a positive way. The workshop provided positive vibes to parents and also how to be good parents in every walk of life.



Say No To Tobacco

"Let us make sure that tobacco is not able to take any more lives by making this world free from it."

Carmel Convent High School conducted a rally to bring awareness about the ill effects of smoking and consumption of tobacco-related products.

During the rally, the students actively participated holding posters and placards warning the dangers of nicotine to show the perilous and deadly effects of smoking. The rally was to promote caution among people about passive smoking, long term health issues and to discourage the use of tobacco in all forms.



St. Chavara & St. Euphrasia Week

Our School observed St. Chavara week from 14.02.2022 to 18.02.2022 to commemorate the contributions of St. Chavara and St. Euphrasia. An icon of humanity, St. Kuriakose Elias Chavara was the Indian Catholic Priest, a philosopher & a social reformer. He was the first canonised Catholic male saint of Indian origin and belonged to Syro - Malabar church based in the state of Kerala. St. Chavara is popularly known as a 'Pioneer of Education', a visionary, the most prudent who was well-versed in sacred scriptures. He was the heroic son of church in India who worked for the upliftment of down trodden society and equality among people with a goal 'Education for All'. St. Chavara with his prophetic vision triggered a society that looks up to him. His activities and pioneering services were unique. Being a saintly catholic priest, St Kuriakose Elias Chavara was a star symbol of integration. He is the founder of CMI and CMC congregations. The students, each day of the week prepared themselves and excelled in exhibiting the speeches about St Chavara and St Euphrasia. St. Euphrasia was an Indian Carmelite nun of the Syro-Malabar church in Kerala. St. Euphrasia is said to have had a vision of the holy Family at which point the illness she had long felt ceased. St. Euphrasia was canonised as a saint by the Pope Francis on 23rd November, 2014 in Vatican City. Many miracles are attributed to St Euphrasia and countless believers beg for intercession with great reverence believing in the sanctity of the life of St Euphrasia. 'The Carmel Buds' offered candles and flowers to St. Chavara and St Euphrasia for their intercessory prayers and thanked them for favours and blessings. St. Chavara's famous quotes were rehearsed and expressed by the students. A group of students presented the short skits representing the life of both the canonised saints, St. Kuriakose Elias Chavara and St. Euphrasia with intense devotion. They also pledged to follow the principles and teachings of those great saints. Some of the famous quotes of St. Chavara are:

- The children who have love of God and fear of God will love and respect their parents
- The day in which you have not done any good to your fellowmen will not be recorded in your book of life.
- Regular reading of good books and meditating on them will illumine the mind.





Felicitation 2020-21



“Opportunities don’t happen, you create them”

The annual Felicitation Ceremony convened on 26th February, 2022 in the school premises witnessed a galaxy of achievers being felicitated. The batch of 2020-21 was congratulated, appreciated and felicitated for excelling in the ICSE Board Examination 2021 with 100% result and scoring highest percentage of marks. The awards were sponsored by the School Management, staff, parents and the well wishers.



The illustrious Chief Guest of the day Rev. Fr. Mark Nediyaikalayil, Vicar of Mount Carmel church, Carmelaram graced the ceremony to felicitate the batch of 2021 on achieving a mile stone. His kindness during the speech pointed out the efforts of students, contribution of parents, teachers and the school management throughout their journey. He also encouraged the students to continue unabated in their march to achieve bigger milestones. The school toppers were presented with beautiful tremendous trophies and cash awards by the school management. They were urged to continue their hard work relentlessly in their future endeavours.

Our school students have not only proved themselves in academics but also in co-curricular activities. A few students participated in ‘All India Drawing, Handwriting and Essay Writing competitions 2021-22 organized by Akhil Bharatiya Nagarika Vikas Kendra. They were felicitated with medals for bringing laurels to school.

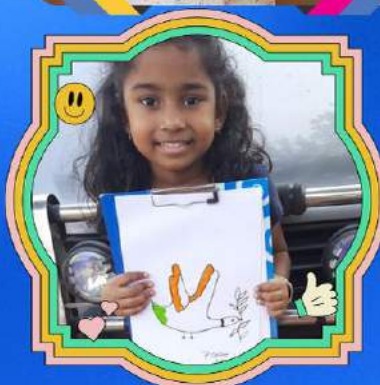
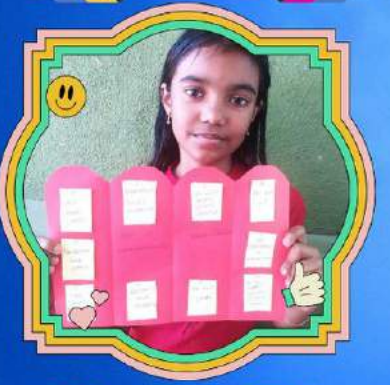


“Hard work pays off and you have proved it”.

CARMEL ARMY & WARRIORS

"With Lord all things are possible." (Mathew 19:26)

The virtual inauguration ceremony with praise and worship of Carmel Warriors and Carmel Army was held through Microsoft Teams on 28th August 2021 between 8:30am and 10:00 am. Sr Catherine, the Principal and the Rev.Sisters inaugurated the occasion with a prayer service. The creative hands of Carmel Army and Carmel Warriors flash memories of academic 2020 were shared. Amulya and Sherin Johnson, members of Jesus Youth, joined for the praise and worship. Sherin Johnson shared her thoughts and specifically explained how important prayer is in our life. She gave examples of great saints, to highlight how prayers made them reach high. All joined together for prayer and song along with Amulya. Students from different classes shared the Bible verses and prayers. Carmel Army and Carmel Warriors had a graceful session with the team leader Amulya.





INTERNATIONAL Women's DAY



‘Life isn’t about finding yourself, it is about creating yourself’.

International Women’s Day is celebrated every year as a chance to herald the impact that women make around the world. It is celebrated on 8th March to spread the message of gender equality and work together in making a better society where there is no gender bias. This day is described a different theme every year. This year 2022, the campaign theme for celebration is “Break the Bias” and the United Nations has declared the theme of the day as ‘Gender equality today for a sustainable tomorrow’. Carmel school had organized ‘Women’s Day Celebration’ on 7th March, 2022. It was a grand event managed and hosted by the male staff members of the school to recognize Women Empowerment and appreciate Womanhood. It was a bizarre event where the female staff members excelled in exposing their inherent talents to prove that they are not only dedicated teachers but also wondered actors, dancers, singers, orators and so on. It was an occasion of double celebration as Rev. Mother Philo was congratulated on her success winning the promotion Provincial Superior. Rev. Mother Philo was greeted and welcomed cordially and your kindness graced the occasion as a Special Guest of Honour. ‘I never dreamed about success, I worked for it’.



There were special invitees-the courageous single mothers of a few students who have taken up the responsibility of their families and children as well and are successful in carrying on their duties brilliantly. 'Nothing can dim the light which shines from within'. Rev. Mother Philo addressed the gathering with her inspiring message and encouraged the women congratulating them for their endeavours. The wonderful single mothers were honoured, felicitated and appreciated by the school management, staff and the students. It was a time for entertainment. The female teachers lit the stage with their mesmerizing performances. They danced gracefully, sang melodiously, acted superficially and spoke diligently. They won the hearts of the audience with their performances. The highlight of the entertainment programme was the short skit-'Onake Obavva' which won the admiration of all.'If you believe in yourself, anything is possible'. The school management had arranged a surprise sumptuous lunch for the school faculty. Thus, the grand celebration ended with a happy note of gratitude.



Grandparents DAY

The Strongest Back up, Grandparents



“A grandparent has silver in his/her hair and gold in their heart”

Grandparents are a family, greatest treasure, the founders of a loving legacy, the greatest story tellers, the keepers of traditions.

To honour the grandparents of Carmel Convent School, the management celebrated the day with great zeal and enthusiasm through Online platform on 11th September, 2021. The Carmelites living with grandparents, were invited to attend the programme. The Chief Guest of the day was **Er. G. Thiagarajan**, Retired Executive Engineer, presently serving as bursar of TBML college and convenor of Administrative ADHOC committee.

Everyone gathered through online was enlightened by his message. He threw light upon the significant role play by parents, teachers and grandparents through his wonderful testimony from his life experience. He enlightened about the significant role play by parents, teachers and grandparents through his wonderful testimony from his life experience.

He highlighted upon the importance of cultivating the sense of helping others or being philanthropist at the very young age itself as charity begins at home especially during the pandemic.

Through his message, he advised today's children how one must organise one's day to become a successful person in life. He concluded his message by quoting Martin Luther Kings Jr's words.

***“If you can't fly then run.
If you can't run then walk,
If you can't walk then crawl,
But whatever you do you have to keep moving forward.”***

The programme came to an end with a video played on 'Interview with grandparents', spending quality time with grandparents such as story telling, prayers, playing, gardening, helping and so on. It was a joyful memories that will be cherished forever.

“Grandparents create memories that the heart holds forever.” They are the families' strong foundation. They should be respected and treated well as they are the roots.



Parent - Teacher Association

School is a building which has four walls with tomorrow inside. 'Education is not preparation for life, education is life itself'.

'Teachers encourage

Minds to think

Hands to create

And hearts to love'.

"We may not be able to prepare the future for our children but we can at least prepare our children for future". 'School - Education - Teachers - Parents and students together are a concrete part bound together to make a firm foundation without one of which can prove to be a hollow promise of building future'. Carmel school organised a Parent - Teacher Meeting on February 12, 2022 in the school auditorium to nominate and elect the school executive committee. Parents from each section were nominated and the nomination election was held to choose parents as well as the teachers representatives.

The elected president of the committee is the school Principal Rev. Sister Catherine. The vice president is Mr. Madhu Undela Reddy, the parent of Yognya Reddy. Mrs. Shyalaja K.R, the teacher is elected as the Secretary of the committee. The parent of P. Maanvitha Reddy, Mrs. Y Haritha and the parent of Shashidharan and Bhoomika M, Mrs. Meena Murali are elected as the Joint Secretaries. Each class executive members are selected among the class teachers and parents. During the meeting, the Principal Rev. Sr. Catherine made an announcement of the inclusion of music and theatre education as a part of the compulsory curriculum activity for the students. Demonstration with merits through MS PowerPoint Presentation by the resource persons was witnessed. There was an oath ceremony for the Parent - Teacher newly elected representatives solemnised under the leadership of the committee President Rev. Sr. Catherine to carry forward the duties and Responsibilities with firm determination. 'We have to have a School Board that is actually going to be able to function and that has true parent representatives on it'.



Pre Primary Week

"I hear, I forget, I see, I learn, I do and I remember"

'Pre- primary Week' was observed virtually in which the tiny tots participated and exhibited their tender talent. It was a sincere effort by the little ones and teachers along with active involvement of the parents.

The programme commenced with 'Welcome Address' delivered by Mrs.Valsamma followed by the Welcome Dance performed gracefully by the kids.

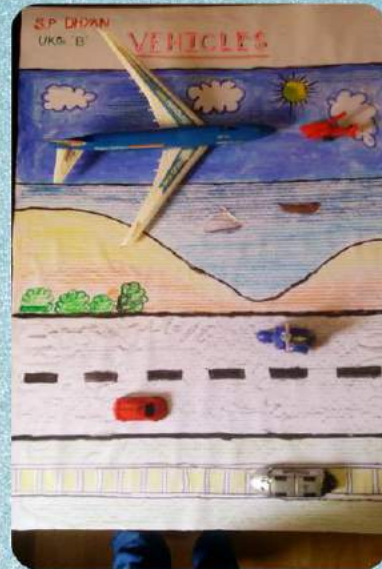
During the first session, they recited rhymes stylishly and narrated beautiful and inspirational short stories. They also identified the objects and spoke about their significance.

During the next session, the children had the opportunity to watch a few educational videos of Alphabet, Phonics, Numbers-counting forward and backward, and so on. They also received chances to speak on various topics such as: 'Myself', 'My Family', 'My School', 'Parts of the Body', 'Water', etc.



The final session had various activities like 'Drawing and Colouring', 'Thumb Print', 'Vegetable Print'. Thus, those were the sessions of holistic approach to learning and gaining knowledge. Children enjoyed the activities as each day was a different experience.

Finally, the Pre-Primary Week came to a close with the 'Vote of thanks' proposed by the class teachers.



Our shining stars

Winning a competition is the most wonderful accomplishment in life. Congratulations to Vithun S and Deepesh K, the shining stars of the academic year 2021-22.

INDIA BOOK OF RECORD **Reverse counting from 100 to 1**

Vithun S – I D

Kudos to the scintillating star of Carmel Vithun S of Grade I for making a triumphant entry in the INDIA BOOK OF RECORD for being the fastest to recite reverse counting from 100 to 1 in 36 seconds and 20 milliseconds, at the age of 5 years and 8 months, as confirmed on March 30, 2021.



20th KARNATAKA STATE WUSHU CHAMPIONSHIPS

Deepesh K - VI C

Congratulations to Deepesh K from Grade VI for bringing laurels to school. He participated in Sub-Junior Group as a player in the Championship, held at Nudisiri Virasat Auditorium Alvas College, Mudabidri, Mangalore and secured second place in Sanshou/Taolu in 39Kg.



Community Service



"We make a living by what we get, but we make a life by what we give."

- Winston Churchill

The Goal of Community Service at Carmel Convent School aims to develop awareness and a better understanding of the communities they live in. Community Service is a form of volunteerism. Volunteers of school involving themselves in helping their communities are able to experience things that they might not have been exposed to in any other walk of life. Our school contributed funds for a student's treatment who won over cancer and is cured completely. Also extended help to homeless people with meals, beds and other services.



Covid - 19 Vaccination Drive



Get Vaccinated and Be safe...

During the pandemic, it is important to safeguard the health and safety of our students. As we all know, vaccination protects the person and reduces the risk of disease spreading among family, school or colleagues, friends, neighbours and other people in the community.

Our school had arranged a free vaccination drive for students who are born on or before 31st December, 2007. The eligible students took the first dose on 18th January 2021 and the second dose on 2nd March 2022. Students were requested to carry School ID card, Aadhar card and also a consent letter from parents.

"Save Yourself, Save Others"





Pre-Primary Graduation Day Ceremony



“Growing up has just begun.....now I am ready for Grade One!”

To make it significant at Carmel Convent School, we celebrated simple but a memorable Graduation Day on 4th April 2022. The teachers of Pre-Primary classes distributed Graduation Certificates and gifts to the little ones. It was indeed a joyful and exciting day for students as well as parents. God bless these "Tiny Graduates" as they continue their education in the main stream. The celebration was concluded with greetings and prayers.



"We only part to meet again."
Adieu to Sr. Navya and Sr. Dana



Sr. Navya



Sr. Dana



Student's Corner



Sibil Rose Jolly-V B



Lalith Arjun- VII.B



Shreya .R -VII.C



Arjun Bairy IV-A



Aadidey.P.Hari -II.A



Lakshy N-II C



Sandra Shaji -IX C



Akshaya -VII.A



Sadhan.K.S -VII.C



Maithri P.R -VII.C



Rashmitha -VII.C



Amit Kumawat -VIII.A



Mehajabeel -VIII A

Articles



THE SPARK OF NATURE

Just at dawn when everyone is asleep the artistic golden sun got up like a baby and started painting the dark black sky into a bright blue sky. The milky clouds woke up from sleep and started travelling around the sky. Fresh windy cool and crispy air started whistling like an invisible ghost. Cute small round shaped warm birds started tweeting their morning melody. The flowers woke up from their sweet sleep and the enormous garden stood like a royal palace. The thick dried strong brown big branches danced welcoming the morning. The big bumblebees and colourful butterflies danced all around looking for sweet nectar. And the people are gazing peacefully with a smile on their faces. Morning Sun's delicate hands untie forest's velvet cloak.

SWATHI K -IX



तितली



मैं तितली , बागों में चली , फूलों सी खिली , फूलों में पली।
मैं मनचली , मैं चुलबुली , छैल छबीली मैं रंगीली।
फूलों को चूमि , डालों पर खेली , कभी - कभी भौरों के संग हो ली।
कभी इधर चली , कभी उधर चली , फूलों से मीठा रस पी ली।
कभी चमकीली , कभी सुनहली , लाल , गुलाबी , नीली , पीली।
मैं तितली , बागों में चली , फूलों सी खिली , फूलों में पली।

जी. सत्यवाणी
Teacher

Online Student Workshop

One-hour seminar was conducted for students from Class I to X.

TOPIC: Cyber ethics of goal setting.

Negative health consequences of excessive digital addiction.

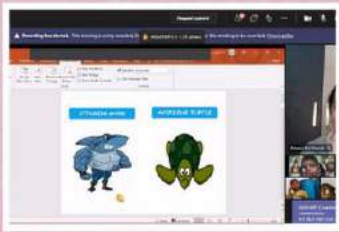
Four Cs to self-assess your Digital addiction - Craving, Control, Compulsion, Consequences.

Best Quote: "You win the Morning; you win the Day, Stay motivated in the morning through Motivation."

Resource person: Ashwini N V, the founder - director of Muktha foundation, an organization committed to prevent inter-personal violence and promote mental health. Muktha Foundation has initiated COVID -19 emotional distress helpline.

The main objective was to guide the students in Cyber ethics and motivation of the digital world so that they could minimize the use of product and use it in the right way. Students actively participate in the seminar activities. They were enlightened on effective time and setting up specific measures to achieve the set goals and the seminar motivated for excellence.

As the excellence leads to success, the seminar may prove to be beneficial to keep the students motivated and refrain from digital addiction.



Workshop For Parents Of Class IX - X

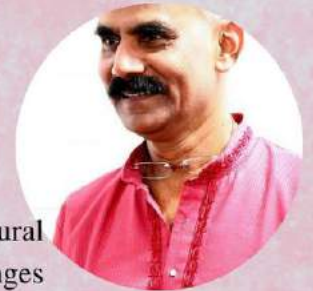
"Behind every young child who believes in himself or herself is a parent who believed first".

Guest Speaker: Rajaram Subbian, MSW MNLF Mphil, Ph.D (NIMAANS)

Topic: "Parents in a Child's Online Classes".

An offline workshop was conducted at Carmel Convent School on 26th August 2021.

The purpose of this workshop was to know, 'Whether parents have encountered any behavioural changes in a child or any child is finding it difficult to cope with online learning'. Challenges faced by parents with managing their children or wanting to see their children perform better in future. The workshop was an opportunity to find solutions. On the same day, a session was conducted for a few selected students too.





CLASS X-A



CLASS X-B



Farewell Day 2022

And the adventure begins -----

The 'Farewell Day' for the class of 2021-22 batch was held on February 26, 2022 in the school premises arranged by the class of 9th. The procession of class 10 transformed the ambience as gorgeous and attractive as the girls were dressed in subtle blue sarees and the boys in their tux. The events commenced invoking Almighty to shower blessings on the gathering with a devotional rendition by a group of class 9 followed by prayer, best wishes and blessings by the Vice Principal Rev. Sister Savitha. The occasion was graced by the school manager Rev. Mother. Lisuie Rose, Principal of the State Board Rev. Sr Dana, the Principal of ICSE Board Rev. Sr Catherine, special invitees, Sisters and teachers. The class 10 batch was congratulated by the school management, staff and the junior batch.

Rev. Mother Lisuie Rose during the speech, expressed confidence in the students' ability to come out with flying colours in the ICSE Board Examination and shared fondest farewell message along with abundant blessings. The Principal Rev. Sister Catherine highlighted the opportunities available to students at Carmel to pursue their dreams and wished the students with their very best. The class 10 batch stood in unison with the lit candles presented by the school management and solemnized oath under the guidance of Mrs. Binu Sebastian which created a serene atmosphere. Class 9 students entertained their seniors with dance performance, mime and also sang to the tunes spreading cheer. A few students from the graduating batch expressed their experiences and words of gratitude to the school management, the Principal and Vice Principal and the teachers with their beautiful narration, self composed poetry and the gifts. They thanked the junior batch in their own style. The group of girls and boys danced on the stage with some graceful and hip-hop moves to win everyone's heart. The solemn event drew to a close as the light of knowledge was passed on to the class of 2023 who stood poised to embark on a new phase of life.

'If you believe in yourself, anything is possible'.





X-TOPPERS FOR THE YEAR 2020-21



Stejina Biju- 97.4%



Sharon D- 96.8%



Gopika M - 96.6%



BEST OUTGOING STUDENT OF THE YEAR 2021-22



Suman S



Carmel Convent school

CARMELARAM P.O, BENGALURU-560 035 ,PHONE:080-28439377, Email : principal.carmel@gmail.com

