



# FIRST STAFF MEETING

First staff meeting for teachers of Carmel Convent School was held on 31st May 2023 from 11:00 am to 12:00 pm. It was planned and carried out under the direction of Rev. Sr. Cathrine, the Principal. The new Rev. Sr. Sowmiya who is the incharge of the primary section was welcomed at the beginning of the meeting, The year 2023-24, was declared to be Year of Compassion and Non-Violence, and teachers were tasked with promoting this idea in their classes. The principal also gave instructions to teachers to practise a certain virtues each month such as Gratitude, Attentiveness, Intimacy, Discernment, Love, Kindness, Care, Compassion and Mercy. Teachers received general instruction including punctuality, leave taking and substitution to be followed for the academic year 2023-24. After playing a video clipping on teachers' traits, several recommendations were given by the teachers, teachers were urged to learn the specifics of the particular pupils and the student's family history and general health. Finally the decision regarding outreach and field trips to schools were taken.







# A New Beginning.



"EVERY SPACE IS A SACRED SPACE WHEN TWO OR MORE ARE GATHERED IN GOD'S NAME." CARMEL CONVENT SCHOOL CELEBRATED REOPENING DAY ON 15TH MAY 2023 FOR HIGHER SECONDARY CLASSES FROM CLASSES 8 TO 10. THE DAY BEGAN WITH THE "DIVINE CALLING OF GOD", AN INTERCESSORY PRAYER CONDUCTED BY THE 10TH GRADERS IN THE PRESENCE OF REV. SISTER ANILA CMC, THE MANAGER OF THE SCHOOL, HONOURABLE PRINCIPAL SISTER CATHERINE, SISTERS, TEACHERS AND NON-TEACHING STAFF. FOLLOWED BY THE READING FROM THE HOLY SCRIPTURES, MRS INYA COORDINATOR OF THE TENTH GRADE LED A SMALL PRAYER. THE DAY WELCOMED THE CHILDREN WITH AN OPENING SPEECH BY HON. PRINCIPAL SISTER CATHERINE WHO GAVE AN INSIGHT INTO BEGINNING THE WORK, AND THE IMPORTANCE OF THE COMING DAYS. THIS IS AN IMPORTANT MESSAGE ON HOW PRAYERS CAN HELP DIMINISH EGO AND PROMOTE HUMILITY AND EMPATHY. HON. PRINCIPAL ALSO ADDED THE VIRTUES OF THE MONTHS AND VIRTUE OF THE YEAR "COMPASSION."





# WORLD ENVIRONMENT DAY

## DAY



World Environmental day is celebrated on June 5th, 2023. The theme for the world environmental Day focused on solutions to plastic pollution. Under the Campaign "Beat plastic pollution". This day is celebrated to increase public awareness of Environmental challenges and encourage actions. In our school world environmental day celebration was conducted on 5th June, 2023 by class X EVS students. There were awareness programmes such as speeches, encouraging programme like Quiz as well as entertaining programmes like group dances by XA EVS batch. All programmes were based on the common topic "Beat the plastic".

The students presented a sapling as a gift to our Principal Sr. Catherine as a hart of environmental day celebration. A competition was conducted among all class group for the Evergreen class.



# ORIENTATION PROGRAMME LKG & UKG

The orientation of LKG(9.00 A.M) and UKG(11.00 A.M) held on 17th JUNE, 2023. Lighting of lamp by the chief guest, Dr. Tellis marked the inauguration of the academic year 2023-24 for lower KG. Mrs. Anitha welcomed the gathering. Our preprimary teachers started off with a prayerful song seeking the Lords blessings for the program to go on successfully.

Dr. Tellis, the chief guest gave his message to the parents and students on how healthy food will help us lead a healthy life. Our teachers entertained the audience with their graceful steps.

The Co-ordinator of preprimary section, Mrs. Sahay Rosalina briefed on the "do's and dont's" of the school. Mrs. Jesintha expressed the gratitude to all and the program came to a conclusion at 10.30 am.

The second session for UKG started with a similar lighting of lamp by our chief guest, Dr. Bindu Sur, she gave a message on Healthy Living Post Loved Period. Renowned Magician Mrs. Dhanshree performed her magical tricks and students enjoyed them. Mrs. Sreeja Menon gave the vote thanks during the second session and the program concluded.





# Thanks Million

"A little bit of gratitude can go a very long way". In the era of declining human relations and eroding values especially being thankful towards others, the School observed the virtue 'Gratitude - the Mother of all Virtues, for the month of June, 2023.

With a constant feeling of gratefulness and a sound consciousness of God's blessing in abundance, the students of class X led the month's virtue in the school Assembly. They staged Performances such as mime, song and speeches propagating the virtue. Also, students went a step ahead to express their gratitude towards their teachers, office staff and support staff of the school. With a great and active involvement, students made attractive cards with heartwarming messages and were given to them with due respect.

students were thus able to relate the other people's feelings and felt a sense of belonging in their class and community. This helped the students to comprehend and celebrate the broad meaning of gratitude in a variety of ways.

  
Carmel Convent School - X Batch

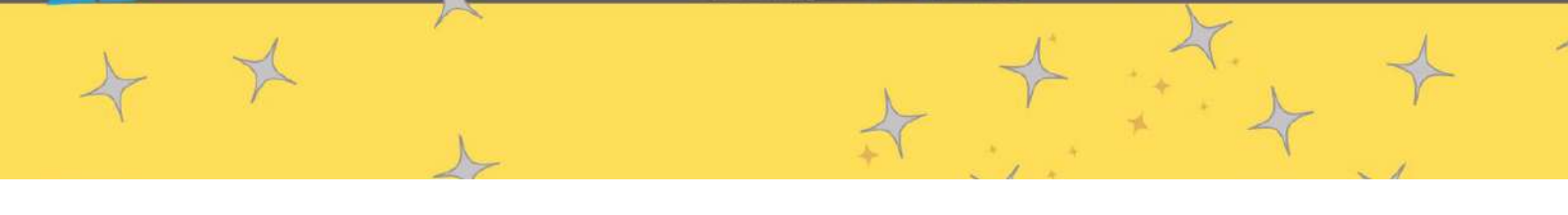




# SCHOOL CABINET ELECTION 2023 - 24



"Voting is the expression of our commitment to ourselves and one another." A formal election was conducted in Carmel Convent School from class 5 onwards following the principle-"For the children, Of the children, By the children". Students nominees for the election were asked to display their Logos. The election was conducted by secret ballot and voting was done during the school hours. The database of voters and contestants was done efficiently. The right planning helped in effectively conducting the elections. The winners from the election took their positions officially after the oath-taking ceremony on the day of Investiture.







# AWARENESS CLASSES



NO MOTORCYCLES  
FOR UNDERAGE STUDENTS



Awareness programme means a community wide or audience specific programmes, campaigns or initiatives that increase knowledge, and share information and resources to prevent violence, Promote safety and reduce perpetration. Programmes on drugs, alcohol, smoking and media are conducted amongst schools, colleges, and industries. One such similar program was conducted by our school . It was friendly talks between the speaker and the student. The resource person was Mr. Srinivas Tagoor the Sub Inspector of Police, Varthur station . He informed about how a teenager would get trapped in all the addictions and how they should be careful of keeping them away from those. He encouraged the children to be Good Samaritans and to shared the information, if they find any such cases in our school. The police officer explained the consequences and side effects of being addicted to drugs, cigarettes, alcohol etc. The students of clasees 9 & 10 were enlightened with the thoughts of safety rules and addiction free society. Students were also given opportunity to clear their doubts.





INTERNATIONAL

# YOGA

DAY

***“Yoga: the best way to health and fitness!”***

On the occasion of International Yoga Day, Carmel Convent School hosted a spectacular event on 21st June 2023. Students from grade 6 to 10 showcased their different yoga postures and exercises. The event took place in the primary school ground. The session was well organised by the Physical Education trainers – Mr Nagaraj and Mr Anil Kumar.

Rev Sr. Catherine, the Principal gave a message on importance of Yoga Day and aimed to encourage healthy habits among the students and faculty. A few students delivered speech on Yoga day and its significance. Yoga was not just about physical exercises or postures but also rejuvenation of the body and peace of mind. This inspiring session helped the students to understand how we can build a strong physical, mental and spiritual health. Yoga is the best thing to adopt as a lifestyle habit.







# INVESTITURE CEREMONY

Investiture ceremony 2023- 24 was held on 27/06/2023. The event began with a Prayer song, followed by a welcome dance by the students. Mrs. Karpagam proposed the welcome address, and then the dignitaries presented the newly elected school cabinet members with badges, sashes, and flags. The ceremony for taking the oath was presided over by the Primary guest, Mr. Victor Manjila. Dignitaries presented the leaders with saplings, which stand for knowledge and Wisdom. The honourable chief guest inspired the youngsters by pointing out that sports are a great way to instil values which can be learned via sports. He especially paid attention to the 3A's. They are Aptitude, Attitude, and Altitude, in addition to academics. All the newly elected officials were given prizes, and the previous school captains shared their experience. The acceptance speech for the new leaders were delivered. Finally, Mrs. Nisha cast the vote of Thanks. Then, the ceremony ended with the photo session.









# SOCIAL CLUB



The Social Club Week celebration at our school was a resounding success, filled with meaningful activities and enthusiastic participation. On Friday, we started the event with a powerful speech further emphasized the significance of our club's mission, inspiring everyone present to get involved in making a difference. After that skit highlighting the importance of our social club and its impact on the community was performed. Following the skit and speech, we demonstrated a variety of engaging games, showcasing the fun-filled side of our fundraising efforts. In the spirit of giving, we organized a two-day Game Fest on Tuesday and Wednesday. These days were dedicated to raising funds for charity, where students and teachers enthusiastically participated in various games and activities. The lively atmosphere and competitive spirit added to the excitement, motivating everyone to contribute generously to the cause. In a remarkable display of compassion and solidarity, the staff of Carmel Convent School joined hands as part of the social club initiative to support two individuals in need. Firstly, they generously contributed funds and donations to Mrs. Sindhu the staff for her son's operation, offering financial assistance during a difficult time. Additionally, the school management made provisions for a student named Allen to stay in the hostel, ensuring that he has a safe and nurturing environment for his educational journey. These acts of kindness exemplify the core values of our school community, showcasing the power of collective support and care. We commend the staff and management for their selflessness and wish both Sindhu ma'am and Allen the very best in their respective endeavours.

Overall, the Social Club Week celebration served as a reminder of the power of unity and compassion.

