

# TEACHERS ORIENTATION PROGRAM 2024 - 25

The Teacher Orientation Program was conducted on May 30, 2024, in the school auditorium. The session was led by Rev. Fr. Paulson Veliyannoor, a Claretian missionary, the director of the Institute of Consecrated Life - Sanyasa (ICLS) at Carmelaram, offering postgraduate programs in theology. an esteemed educator and resource person renowned for his innovative teaching methodologies and extensive experience in the field of education. The orientation aimed to equip teachers with new strategies, tools, and insights to enhance their teaching effectiveness and to adapt to the evolving educational landscape. The program aimed to introduce educators to new educational trends and technologies, provide effective classroom management strategies, and enhance skills in developing student-centered curricula. The program highlighted the latest trends such as blended learning, flipped classrooms, and AI in education, offering practical insights for their implementation. Educators were engaged in strategies for maintaining effective classroom dynamics and student engagement, and received tips for creating interactive, inclusive lessons. Emphasizing the importance of lifelong learning, the program offered resources for continuous professional growth. Activities in classroom were stressed upon to have an interactive group discussions, role-playing, and hands-on demonstrations to foster practical understanding and collaboration.

The orientation program concluded with a feedback session, where teachers expressed their appreciation for the valuable insights and practical strategies shared by Rev. Father Paulson. Many teachers highlighted the usefulness of the new technologies and strategies and classroom management techniques introduced during the program.

Teachers were encouraged to implement the new strategies in their classrooms and to continue their professional development journey.



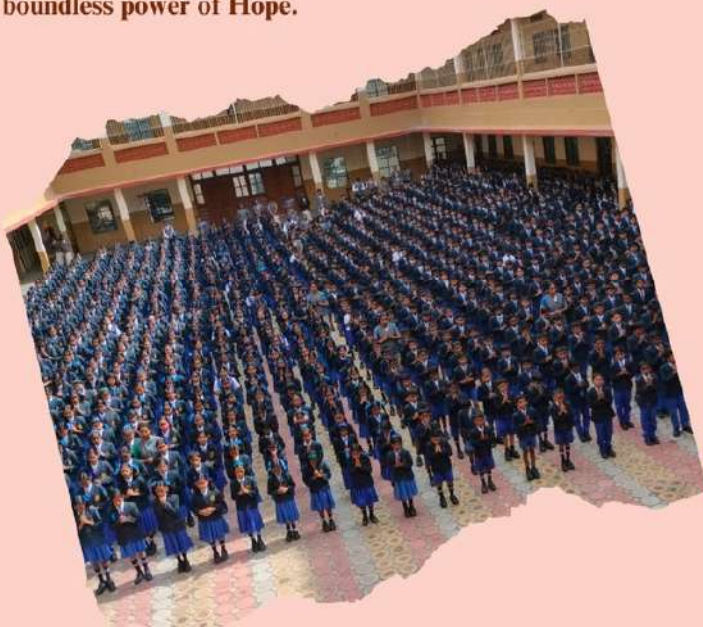


# EMBRACING THE YEAR OF HOPE 2024-25

As the sun rose on the 3rd of June, 2024, a wave of excitement and anticipation swept through Carmel Convent School. This year, marked as the Year of Hope, promises to be a beacon of inspiration and renewal for the entire school community. A special assembly was conducted on 5th June, 2024. The programme began with a prayer service, The Principal, with a radiant smile, led the congregation in a heartfelt invocation, emphasizing the transformative power of hope. Her words echoed through the hall, reminding everyone of the strength found in hope during times of adversity. The prayer was followed by a stirring rendition of the school hymn, harmonizing voices that embodied the unity and spirit of Carmel. Students were eager to reunite with their peers and mentors. Teachers, inspired by the Year of Hope, introduced different modules to foster resilience, optimism, and creativity. The corridors were alive with laughter, signaling a fresh start. The event featured an array of performances, each more impressive than the last.



Students showcased their talents through songs, and blissful dances, all centered around the theme of hope. The Principal's address was a highlight of the day. She unveiled the theme 'YEAR OF HOPE'. She encouraged students to become beacons of Hope in their life. A special moment was dedicated to the school's Patroness, the Mother of Carmel. The Principal's words resonated deeply: "In every challenge, we find opportunity; in every struggle, we discover strength. This Year of Hope is our journey towards a brighter, more compassionate world." As the day drew to a close, students left with hearts full of hope and minds brimming with inspiration. The reopening day at Carmel Convent School was not just the start of a new academic year but the beginning of a transformative journey, where hope lights the way for every Carmelite. Carmel Convent School stands ready to embrace the Year of Hope with unwavering enthusiasm, determined to make a lasting impact on the lives of its students and the broader community. This year promises to be a celebration of resilience, unity, and the boundless power of Hope.







The World Environmental Day celebration was held on June 5, 2024, at Carmel Convent School. Rev. Sr. Catherine, the Principal, Rev. Sr. Anila, the Manager, and Rev. Sr. Celine, the Vice Principal, gave their immense presence. This year's World Environmental Day celebration focuses on "Land Restoration, Stopping Desertification, and Drought Resilience." The event commenced with an opening speech by Gwen Luvena D'souza, from IV-B, who emphasised that the initiative aims to improve biodiversity, soil health, and sustainable land management. Students presented slogans creatively to raise awareness about the importance of environmental conservation. These impactful slogans help to inspire and remind everyone of their role in protecting the environment. EVS students offered saplings to the school to foster a sense of responsibility and action towards protecting the environment. All these made the event resounding and successful.

# WORLD Environment DAY







# NURSERY ORIENTATION

**"CHILDREN ARE BORN WITH WINGS  
TEACHERS HELP THEM FLY"**

The Orientation of Nursery held on 10th June, 2024 at Carmel convent school, Carmelaram, Bengaluru. The aim was to familiarize parents with the school rules and regulations and other school activities. The programme commenced with Mrs. Teresa Jipsy Mol welcoming the chief guests, parents and our tiny tots in the ICSE auditorium, followed by welcome dance and ceremonial lighting of the lamp. We introduced our wonderful faculty of Nursery teachers to the parents and our children. Puppet show was organised by our pre-primary teachers, which made our children and parents contented.

The principal Rev. Sr. Catherine addressed the gathering and laid stress on effective "Guidance and Nurturing" on our little ones. She encouraged for active participation and support so that children could receive the best guidance for overall development. We also had an Action song performed by our primary class students where our tiny tots and their parents participated enthusiastically. The Co-ordinator of pre-primary section Mrs. Angel Shiny elaborated about the "Do's and Dont's" of the school for the clear vision throughout the year. Dr. Merin Joseph, the chief guest gave her message to the parents and students on how healthy food will help us to lead a healthy life, subsequently "AKSHARA ABYASA" ceremony took place. Mrs. Sheeba Raghu expressed the gratitude to all, and the program came to an end. Overall, it was a fruitful meeting and the parents were in high spirits after attending the Orientation programme.









# International READING DAY



"The more that you read, the more things you will know.  
The more that you learn, the more places you'll  
go." — Dr. Seuss

On June 19, 2024, our school proudly celebrated International Reading Day, an event dedicated to fostering a love for reading among students. The classrooms were buzzing with excitement as every student participated in this enriching activity. International Reading Day 2024 was a resounding success, reinforcing the importance of reading and sparking a renewed enthusiasm for books among our students. We look forward to continuing this tradition and nurturing a lifelong love of reading in our school community.





## Carmel Convent School Shine in Interschool Competitions

Carmel Convent School students actively participated in the NIRVAHANA - Commerce Fest held at Primus Public School. The interschool competition saw enthusiastic participation from our students, who engaged in various events with great zeal. This competition was an excellent opportunity for our students to gain knowledge and showcase their skills amidst a competitive environment. They approached each event sportively, contributing to their overall growth and exposure to the outer world.



### NIRVAHANA - COMMERCE FEST



## EXPRESS 2024

Euro School Whitefield students actively participated in Express 2024, showcasing their talents in various events. The highlights of their participation include: Lord of the Keys (Keyboard Playing) : Naomi Naigil - X B, Jeffrey Enoch - V and Khayaal (Singing) : Lekshitha U - VI C

The competition was intense, but our students demonstrated exceptional skills and dedication. Their performances were highly appreciated, and they were awarded certificates of appreciation. This event provided a valuable opportunity for the students to gain exposure and showcase their talents on a significant platform.





# SUMMER FIESTA 2024 WINNER FOR STORY TELLING

The Summer Fiesta 2024, a prestigious national level interschool competition conducted by The Whidkids, brought together talented students from across the country to showcase their skills in various categories. Held on 18th July 2024 at online, the event witnessed enthusiastic participation and spirited performances. We are proud to announce that Dhanwith s of LKG C has secured the First position in the Fancy Dress Category, M Tejashree of TV B has secured the second position in the Story Telling category, Dishanth K B of VI C has secured the first position in the Handwriting English category and Pranav S of VI C has secured the second position in the fancy dress category. Her eloquence, creativity, and captivating storytelling skills mesmerized the audience and impressed the judges, earning her this notable accolade.

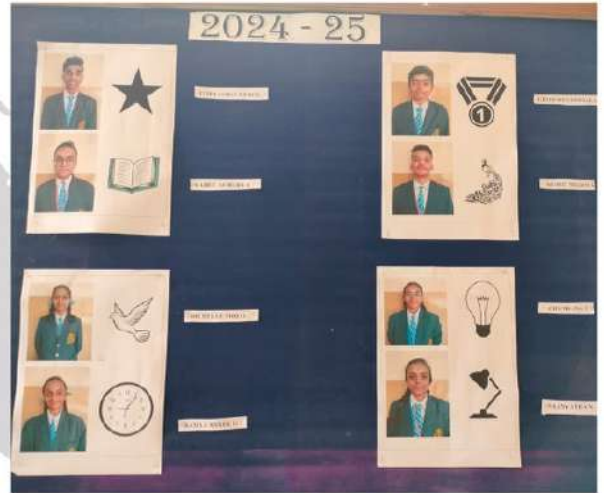


**congrats**  
ON YOUR  
**milestone!**



 VOTE

# CABINET ELECTION



The school election at Carmel Convent School was conducted on 15th June 2024, in a well-organized and systematic manner, to elect the new student council members for the academic year 2024-2025. Students from classes V to X actively participated in the voting process, where candidates competed for key positions, including Head Girl, Head Boy, Assistant Head Girl, and Assistant Head Boy from Std IX and X. The election process was smooth, transparent, and fair, culminating in the announcement of the winners shortly afterward







# INVESTITURE CEREMONY



The Investiture Ceremony of Carmel Convent School took place on June 21, 2024, heralding the induction of the newly elected Student Council members for the academic year 2024-25. The event commenced with a heartfelt welcome address, setting a tone of excitement and anticipation. Distinguished guests graced the ceremony: Rev. Fr. Varghese Chittuparambil, Rector of Carmalaram Theology College, Rev. Sr. Anila, the Manager, and Rev. Sr. Catherine, the Principal. They presented the badges and sashes to the elected council members, symbolizing their new responsibilities. Following the presentation, the new council members took an earnest oath, pledging to contribute to the school's progress and uphold its values. Their commitment was met with applause and congratulations from teachers and fellow students alike. The ceremony concluded with an inspiring speech by the Chief Guest, Rev. Fr. Varghese Chittuparambil. He emphasized the qualities of effective leadership and the significance of dedication and enthusiasm in their new roles. Additionally, our principal Rev. Sr. Catherine highlighted the importance of International Yoga Day, underscoring how the principles of yoga contribute to holistic development and balanced leadership. This event marked the dawn of a new chapter in student leadership at Carmel Convent School, promising a year filled with growth, responsibility, and community spirit.











# International Yoga Day



On June 20, 2024, our school celebrated Yoga Day with great enthusiasm and participation from students across all grades. The event was held in the school ground, which gave a serene and peaceful atmosphere for yoga practice.

The celebration began with an introduction to the significance of Yoga Day, highlighting its benefits for mental and physical health. This was followed by a series of yoga sessions led by our skilled instructors, where students practiced various asanas and breathing exercises. The sessions were accompanied by soothing music, creating a harmonious environment that enhanced the overall experience.

Students from different classes showcased their yoga skills, performing complex poses with grace and precision. Their dedication and enthusiasm were evident, reflecting the positive impact of regular yoga practice on their well-being. We look forward to continuing this tradition and further promoting the importance of yoga in our daily lives.



# Commitment

virtue of the month  
(june)

On 18th August 2024, a colorful and memorable program was organised by class X during the assembly. The students and teachers took part actively to propagate June month Virtue 'Commitment'. The class teachers of Grade X narrated a story on commitment. The story was about the small child who was waiting persistently to receive a valuable apple from God. The highlights that even if one puts 100% dedication and commitment things may get delayed or things may go wrong. Trust that god has a greater plan for us, and that's why this has occurred.

Two students representing class X delivered along with story about the commitment. The story was about a young man who was interested in music succeeded with his constant hard work, commitment and determination. The boys performed a mime about a business person and about the goal of football Cristiano Ronaldo.

We really enjoyed a lot and dispersed with a sincere hope that our program can bring change in the students mindset and be committed to their goals.







## Exciting Planetarium Show for Classes Nursery to X



Planetarium show held at Carmel convent school premises on Friday 2nd August 2024

The main objective to conduct the planetarium show for the students is to create a sense of knowledge about the space and sky.

The 40 minutes show was mesmerizing and very informative where students learnt about the world above the sky



The show was in detail about

- The existence of earth
- Dinosaurs world
- Chandrayan launch
- Solar system







# HEALTH & HYGIENE

On 18th and 19th July 2024, our students from Class 3rd to 6th participated in a session presented by Dr. Merin Joseph, a renowned pediatrician from Snehadhan Hospital. The topic of the session was "Personal Hygiene," where Dr. Joseph outlined the importance of maintaining hygiene for both physical and mental health. She discussed various types of hygiene, self-care routines, and the potential consequences of neglecting hygiene practices. Dr. Joseph emphasized that good personal hygiene involves keeping all parts of the external body clean and healthy. She provided helpful tips for creating a hygiene routine, stressing four main tips: making it a habit, setting reminders, using rewards, and investing in nice toiletries. Additionally, she highlighted proper body care, effective handwashing (10-20 seconds) to prevent germ spread, regular bathing, dental hygiene, and overall cleanliness. She also stressed the importance of a balanced diet rich in fruits, vegetables, and whole grains, avoiding junk food, regular physical activity, and adequate sleep for growth and well-being. The session concluded with an interactive Q&A, making the information accessible and engaging for the young audience. The session was very helpful for each student as it taught them how to maintain physical hygiene, underscoring that health is more valuable than money, and there will be good health when there is cleanliness.







## TERRA NOVA



ECO club celebration was held in school on 24th, 25th and 26th July 2024. It was named Terra Nova, which means New Earth. The theme was to lead an eco-friendly and sustainable living. There were various programs held where students participated actively.

First day was the inauguration, where a small program consisting of welcome dance, logo inauguration, a speech on saving Earth and its resources, along with an action song was presented.

Second day consisted of a Kannada song and speech highlighting the importance of saving Earth and its resources for future generations. The program also had a mesmerising dance sequence by the students.

The third day was the day of celebration as various exciting segments were held.

The day started with a wonderful flash mob by the students. Followed by welcoming our Chief guest, Rev. Sr. Ann Mary to the celebration. Mrs. Karpagam rendered the welcome speech. There was a welcome dance by students to make everyone feel welcomed. The students took an oath to protect the environment and live a sustainable life. An exciting segment, Ramp walk was held where students adorned themselves in innovative attire. Students sang English group song highlighting the importance of mother nature. We had inspiring words of wisdom by our Chief guest, Rev. Sr. Ann Mary. Students performed a mind blowing mime highlighting the importance of saving our Mother nature.

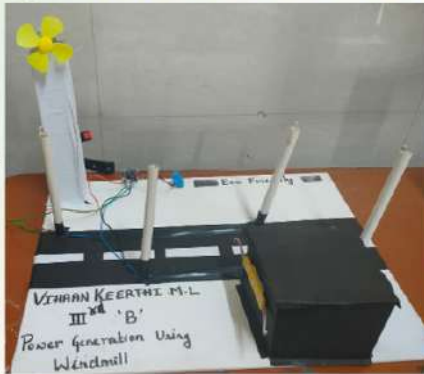
Kumari Nathalia c s from III.D shared her wonderful views on sustainable living and how to practise it in daily life. There was a prize distribution ceremony for the winners of Modeling making and Ramp walk. Also the class toppers were awarded with badges for their achievements. The vice principal Rev. Sr. Celine spoke on not wasting anything within one use policy rather to adapt the use of recycling. The celebration ended with the vote of thanks by Miss. Jismi Raju.







# Eco Club Members in Action



## Eco Vogue



*Congratulations*





# Achieving 90% or above on the First Assessment



IA



IB



IC



ID



IIA



IIB



IIC



IID



IIIA



IIIB



IIIC



IIID



IVA



IVB



IVC



IV D

*Congratulations*





VA



VB



VC



VD



VIA



VIB



VIC



VID



VII A



VII B



VII C



VIII A



VIII B



VIII C



VIII D



XA



XB



XC

*"Your hard work and dedication have paid off.  
Keep reaching for the stars!"*





# Carmel Day

15-07-24

The Carmel Day celebration at Carmel School on 15th July 2024 was a truly remarkable event, graced by the esteemed presence of our Chief Guest, Rev. Fr. Mark Nedyakalayil. The day was a splendid showcase of our devotion to the Mother of Carmel, who is symbol of emotion, protection & guidance. Also she is represents virtues of humility, compassion and unweaving of faith. He denoted the significance of faith & prayer in everyone's life.

Vibrant performances filled the celebration, with dances, songs, skits, and group dances that highlighted the immense talent and enthusiasm of our students. The atmosphere was alive with laughter, excitement, and a deep sense of community, bringing together students, teachers, and guests in a shared spirit of joy and unity.

This special day was a beautiful expression of our collective devotion, making it an unforgettable occasion. We extend our heartfelt gratitude to Rev. Fr. Mark Nedyakalayil for honoring us with his presence and to everyone who contributed to making the celebration a memorable success.















**"Believe you can and you're  
halfway there"  
-Theodore Roosevelt**

Euro-school Whitefield had organized an inter school cultural competition 'EXPRESS 2024'.

There were handful of events, in which our Pre-Primary (LKG & UKG) children had participated in "THE RHYTHM OF RHYME" competition and secured the 2nd prize. They graciously dramatized the rhymes on the competition day, with the supervision and guidance of our pre-primary co-ordinator Mrs. Angel Shiny and consistent practice of our very enthusiastic pre-primary teachers Mrs. Tintu Mary John and Mrs. Teresa Jipsy Mol. They were awarded with the trophy and certificates.

## *Pre-Primary Student Shines in Competition, Wins Prize"*





# Kindness

virtue of the month  
(July)

"The virtue of the month for July, 'Kindness', was conducted by Class IX during the assembly on 24th July 2024. Kindness is a character strength that involves being caring, considerate, and generous towards others without expecting anything in return. The students beautifully presented the theme of the year, 'YEAR OF HOPE', and the virtue of the month, 'KINDNESS', through a skit based on a real-life incident that took place in the classroom. The 20-minute program saw active participation from teachers and students of Class IX to propagate the virtue of kindness. The skit revolved around a student who had stopped bringing lunch to school, prompting friends to inform the teacher. Upon inquiry, it was discovered that the child was economically disadvantaged, leading friends to offer support, showcasing empathy and kindness. This heartwarming reality-based skit was an eye-opener for our students, changing their mindset. The assembly concluded with a beautiful dance performance by the girls of Class IX, reinforcing the message 'Be good, do good'."

